



#### FOG ABATEMENT PROGRAM OVERVIEW



This training is sponsored by a grant from the USDA Rural Utilities Service (RUS)



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10 Years In Utility Construction

30 Years, Source Control Manager, Clean Water Services In Oregon Managed The Industrial Pretreatment, FOG, P2 And Stormwater Programs

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#### FOG-

Fats
Oils
Grease







"An effective FOG program must be data-driven, not effort-driven."

Gary Christiansen, City of Seattle Public Works







### Which comes first, the data acquisition or the FOG Abatement Program?



Let's start with the data acquisition and storage...





## Data Acquisition and Management

Gathering data to implement the fog program





#### **DATA COLLECTION & STORAGE**



- What Data Do You Need?
- How Is The Data Stored?
- Can The Data Be Easily Analyzed?





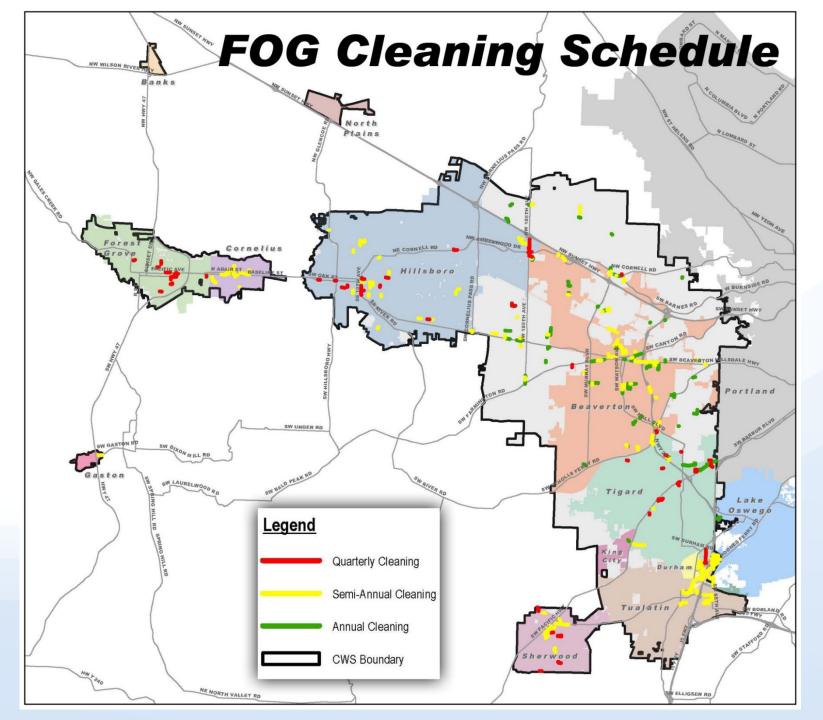
## COLLECTION SYSTEM DATA NEEDED

#### **Partial list**

- Which collection system line segments are impacted by FOG?
- What is the cleaning frequency for these FOG lines?
- Does the frequency exceed the established line cleaning frequency for the normal collection system?
- What is the cost per line segment to keep these FOG lines cleared?

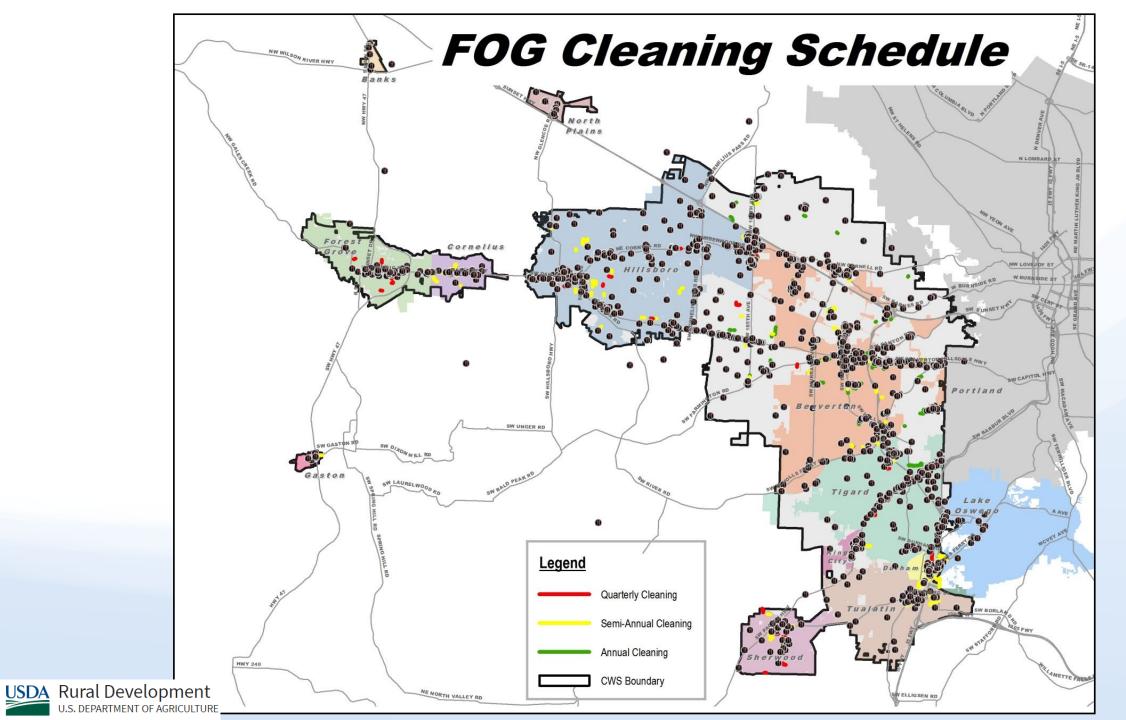














## COLLECTION SYSTEM DATA NEEDED

#### Partial list - continued

- Are there manholes impacted by FOG?
- What is the cleaning frequency for these manholes?
- Are there pump stations impacted by FOG?
- How often are these stations cleaned?
- What is the cost per cleaning?
- Are additives used in these stations to "control" FOG?
- What is the cost of using these additives?





### Inspect the Food Service Establishment (FSE)

- Walk Through the Facility
- Identify Where the Grease Interceptor is
  - It's a Different Plan if there is NO interceptor
- Find Out What Fixtures are Connected to the interceptor
- What is the Condition of the interceptor
- How Often is the interceptor Pumped
- Establish a Pump Out Schedule







#### FOOD SERVICE ESTABLISHMENT (FSE) DATA NEEDED

#### **FSE Data (partial list)**

- Physical Address (and GIS data or latitude/longitude)
- Potential FOG Loading of FSE (very high, high, medium, low)
- Proximity of FSE to a FOG-impacted sanitary sewer line (FOG line)
- Type(s) of FOG pretreatment
- Interceptor maintenance history
- Fixtures and drains connected to interceptor
- Contact information for FSE
- Landlord or property manager contact information





#### **DATA COLLECTION & STORAGE**



- What Data Do You Need?
- How Is The Data Stored?
- Can The Data Be Easily Analyzed?





#### EXCEL SPREADSHEET EXAMPLE

		CLEANING		
RESTAURANTS	HAULER		LAST	<b>DUE FOR</b>
WITH TRAPS		SCHEDULE	CLEANED	CLEANING
Abella Italian Kitchen	Baker	monthly	23-Oct-19	19-Nov
Bellagios	River City	2 months	11-Sep-19	19-Nov
<b>Boeckman Creek School</b>	River City	Annually	9-Jul-19	20-Jul
<b>Boones Junction Pizza</b>	River City	2 months	8-Oct-19	19-Dec
Boston's	Encore	monthly	19-Nov	19-Dec
	NW Bio-			
<b>Beer Station CLOSED 2018</b>	fuel	3 months	18-Jul	18-Oct
<b>Better Bean Company</b>	Baker	6 month	18-Mar	18-Sep
<b>Canton Phoenix</b>	Oregon Oils	monthly	1-Jul-19	19-Aug
Charbonneau Country				
Club	River City	6 months	9-Jul-19	19-Dec
Corner Coffee Shop	River Clty	3 months	12-Mar-19	19-Apr





## Swift Comply www.swiftcomply.com



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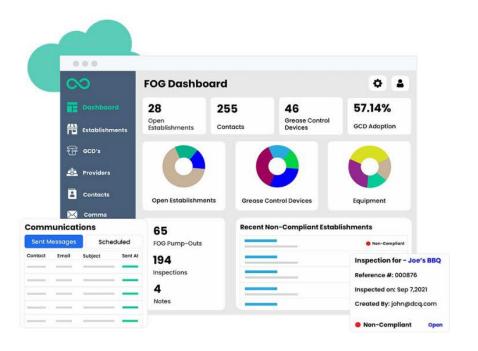
Book Demo

#### Helping FOG program managers do more with

#### less

Our fats, oils, and grease (FOG) program software is designed with one thing in mind – collaboration. Harness the power of your data to optimize your regulatory program and make better more informed decisions around your customers.

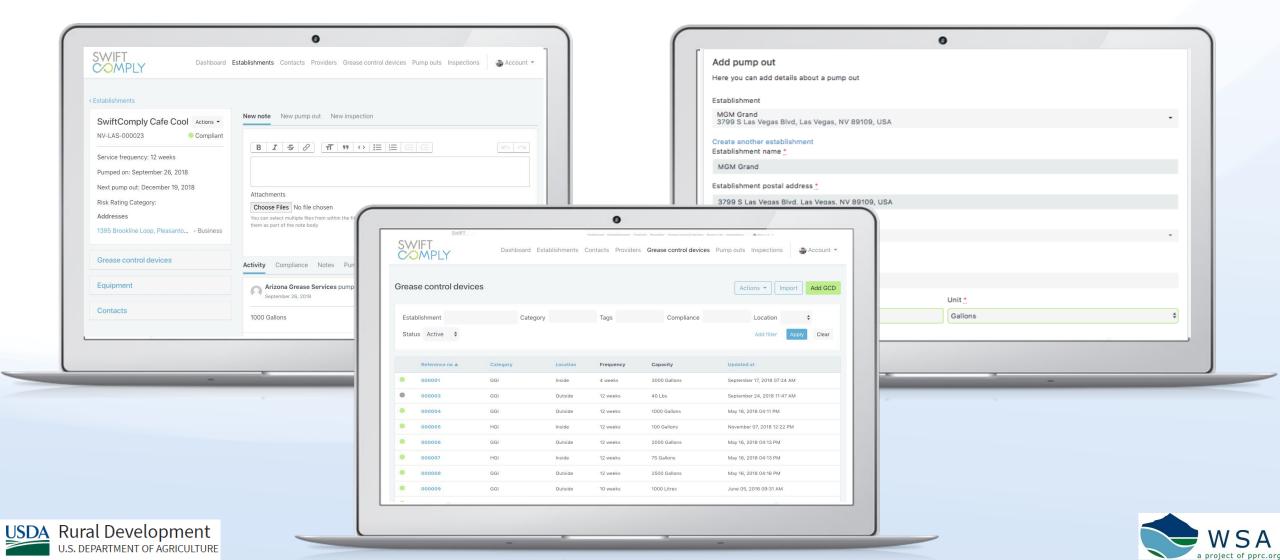
Book demo



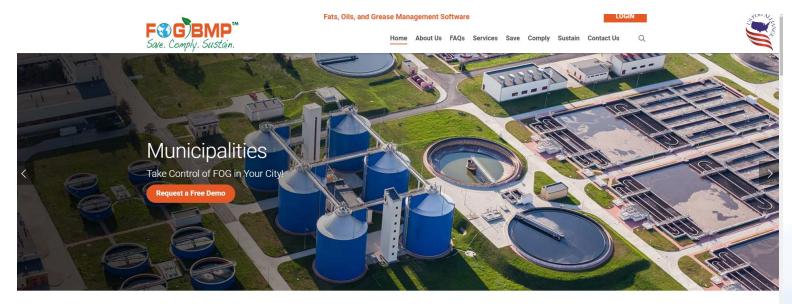




#### SwiftComply







**WWW.FOGBMP.COM** 

INFO@FOGBMP.COM

REQUEST A FREE DEMO FOR YOUR MUNICIPALITY

Whether you need to create a FOG program or enhance your current FOG program, FOG BMP provides your municipality with all of the tools to be in full compliance with EPA standards.

Join the movement of municipalities from coast to coast who use FOG BMP to manage and automate all aspects of their FOG program.

Learn More













#### Organize every aspect of your FOG program on a single online platform.

#### **PROGRAM FEATURES**

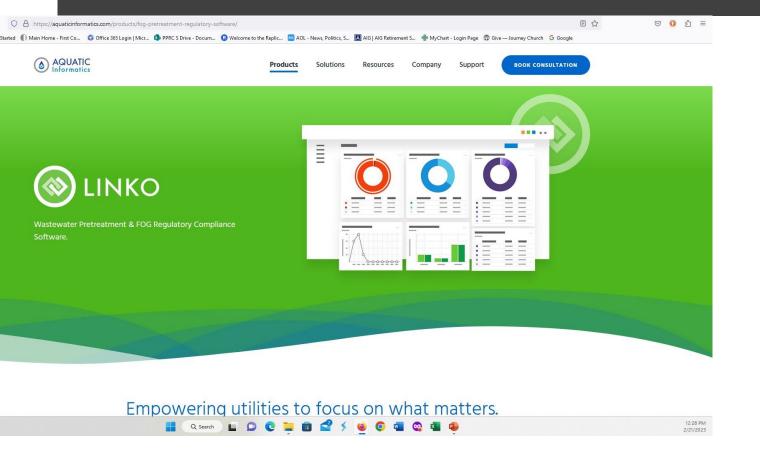
- Profiles each FOG generating establishment within your jurisdiction.
- Profiles each facility's grease intereptor(s) (Size, type, location, due date, etc...)
- Profiles all licensed and approved Waste Haulers within your jurisdiction.
- Sewer overflow reporting with log and hotspot tracking.
- Automated cleaning record with digital cleaning log for every facility.
- Mass email communication function.
- Tracking and alerts for delinquent or missed grease interceptor cleanings.
- Custom Fats, Oils, & Grease Best Management Plan for restaurants.
- Kitchen staff FOG handling training modules with certificates of completion.
- FOG Inspections
  - Default and/or customizable inspection forms.
  - Perform inspections in the field from any smart device.
  - Issue and track notices of violations, warnings, and fines.
- Customized reports for all reporting facilities.
- Unlimited users for your municipality and supporting departments.
- Fully functional from desktop, tablets, and smart phones.





#### Aquatic Informatics LINKO FOG

https://aquaticinformatics.com/products/fog-pretreatment-regulatory-software/



Use flexible software that streamlines operations & ensures compliance, giving your team more time to help customers and build relationships that foster sustainable, long-term success for your program.

#### **Streamline Operations**

 Eliminate the burden of manual data management and poorly-optimized workflows by automating tasks and digitizing field data collection.

#### **Maintain Compliance**

 Purpose-built compliance capabilities keep you in control & protected against increasing regulatory pressure. With less risk, you can devote more energy to improving other facets of your program.

#### **Ensure Resilience**

 Securely centralize your most critical information; providing defensibility and empowering better, faster decision-making.





#### **DATA COLLECTION & STORAGE**



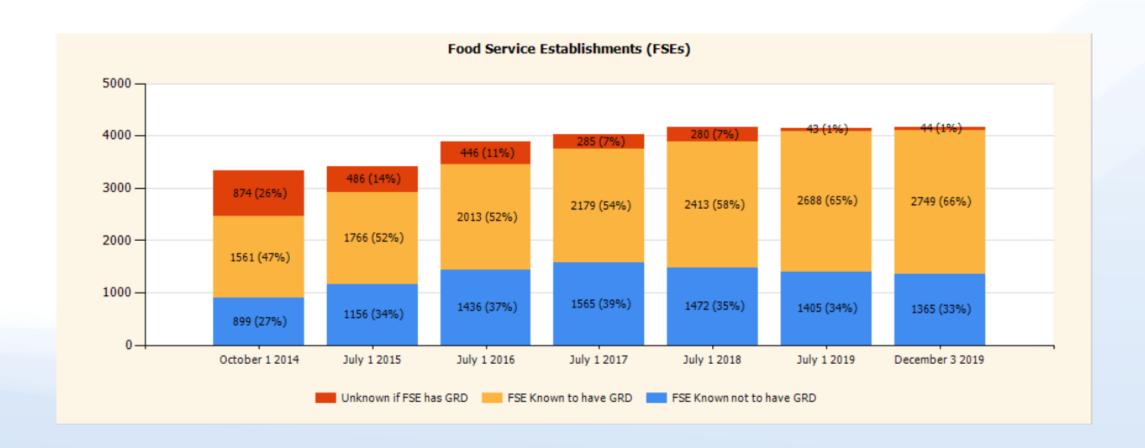
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- What Data Do You Need?
- How Is The Data Stored?
- Can The Data Be Easily Analyzed?





#### PORTLAND'S INSPECTION RESULTS OVER 5 YEARS

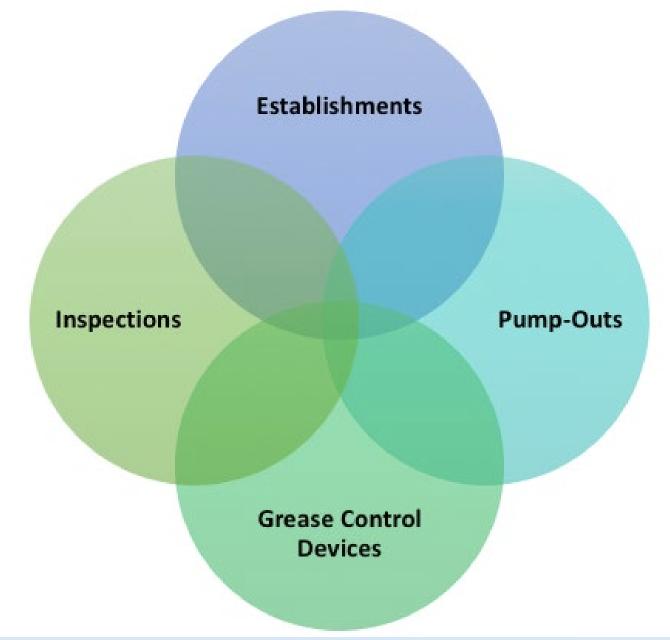






## WHATEVER SYSTEM YOU DECIDE TO USE

You'll want to include these four elements









### FOG INFORMATION SYSTEM QUESTIONS

- 1. What is the ANNUAL cost per user license?
- 2. Fully functional from desktop, tablets, and smartphones? If so, do you charge extra for mobile capability?
- 3. Is there an annual flat fee that grants full access to the complete program and all available features? Are there levels/tiers? If so, what are they and what are the annual costs?
- 4. Is there a charge for set up, data integration, and implementation/? if so, how much?
- 5. Is there a charge for multiple municipal users? If so, how much per user?

Adapted from "Choosing the right software to manage your FOG Control Program", FOG in the News, US FOG ALLIANCE, June 2022



### FOG INFORMATION SYSTEM QUESTIONS

- 6. Is there a charge for program training? If so, how much?
- 7. Is there ever any potential charge for customer/technical support? If so, how much?
- 8. Are there additional charges for program updates? If so, how much?
- 9. Are software downloads required? If so, how much extra cost?
- 10. Can FSE users access the portal with their own passwords? If so, is this an extra cost? How much?
- 11. Can transporters access the portal with their own passwords? If so, is this an extra cost? How much?

Adapted from "Choosing the right software to manage your FOG Control Program", FOG in the News, US FOG ALLIANCE, June 2022

## PLANNING & Program Development Costs

WHAT DOES IT TAKE TO PUT TOGETHER AN EFFECTIVE FOG PROGRAM?





#### PLANNING AND PROGRAM DEVELOPMENT

#### **Planning**

Take time to map out what your FOG Program outcomes should be

Identify measures to track.

Measures should demonstrate that outcomes have been met, or are being achieved

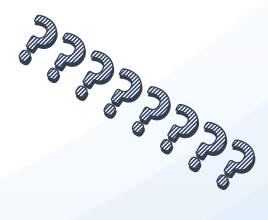












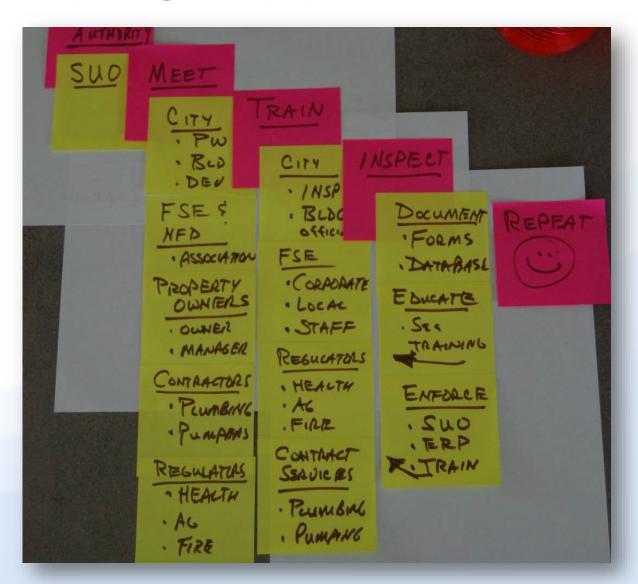
#### Poll question





#### PROGRAM DEVELOPMENT

- Put legal authority into place
- Identify all stakeholders
- Identify all "moving parts" of the program
- Implement, gather data, analyze, repeat







## PROGRAM DEVELOPMENT STAFFING PLAN

- Which staff will be involved in program development?
- One sewer district developed for a year, using
  - Division Manager (part time)
  - Program Manager (part time)
  - Communication specialist (part time)
  - Environmental Specialist (full time)





#### STAKEHOLDER INVOLVEMENT PLANNING

- Have you identified the stakeholders?
- Have meetings been scheduled to discuss the FOG Program with stakeholders?
- Has the business case been presented to the municipal leadership?
- One sewer district spent one year meeting with stakeholders in monthly meetings. Four staff members from the District were involved, three part time and one full time during this year.
- What are the estimated fully-loaded labor costs to get input from stakeholders?





#### NO SURPRISES!



#### All Stakeholders Must Be Kept Updated On This Process

- Regular Updates
- Meetings
- Stakeholder Participation

### City Management Must Be Kept In The Loop Too

- Regular Updates
- Feedback





## Prioritizing Inspections

- Give top priority to FSEs on any line with an SSO
- Give priority to FSEs on most frequently cleaned lines
- Give priority to FSEs that produce the most fog

#### Sample Priority Matrix

HIGHER Schedule Priority — LOW
--------------------------------

→ HIGHER	Required (P1)	Work Stoppage	Regulatory	Audit Finding	Program Directives
	Work stoppage will occur and no workaround exists OR Regulatory, Program Directive, or contractual requirements will not be met.				
	Significant (P2)	High impact to	Significant cost	Break-fix not	
	High impact to resources and/or systems OR Workaround requires excessive time, cost and/or resources.	production (significant cost to resources)	reduction to a currently expensive workaround	stopping production but has high impact	System retirement/ system replacement
Impact Priority	Moderate (P3)	No risk (easy to change, minimum resource effort), moderate benefit	Low risk (minimum resource effort), moderate benefit	Medium risk (reasonable change required), moderate benefit	High risk (extensive change), moderate benefit
	Moderate impact to resources and/or systems OR Workaround requires some increase in time, cost and/or resources.				
<i>'</i>	Minor (P4)	No risk (easy to change, minimum resource effort), minor benefit	Low risk (minimum resource effort), minor benefit	Medium risk (reasonable change required), minor benefit	High risk (extensive change), minor benefit
	Minimal impact to resources and/or systems OR Workaround in place with minimal time, cost and/or resources.				
OWER .	Low (P5)	Administrative change	System or process nuisance; cosmetic change	Watch Item: Cost prohibitive	Watch Item: not technologically feasible at the
	Administrative change or system nuisance with no impact OR Watch				
7	item		-	This Photo by Unknown A	uthor is licensed under <u>CC BY-SA</u>





#### FOG PRODUCTION



Menu Type\ Operation 0.08 0.45 lbs./meal 0.01 Commercial Cafeteria, Food Courts, Buffet

High Volume, Oil/Lard Menus (Asian, Mexican, Italian, some fast food)

American Diners \ Specialty

**Fast Food** 

**Convenience Stores Coffee Shops** 

**Healthy Sandwich** 

100





#### **Technical Resources**

As part of our mission to provide technical resources from partners throughout the country, we offer this selection of FOG related materials for your training needs.

National Resource Reference Guide

Preferred Pumper Program

Interceptor Sizing Guide

Kennedy Jenks Brown Grease Supply Study

WSA's FOG Source Control Guide

The City of Portland's FOG Extra Charge Guidelines

WSA FOG Training Playlist on YouTube

Plumbing & Draining Institute Publications

FOG Resources in the PPRC Resource Library

Presentation Slides from FOG Abatement Training (coming soon)

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2023 by Western States Alliance

# Kennedy-JenksBrown-GreaseSupply-Study.pdf (western states alliance.org)







# Kennedy/Jenks Brown Grease Supply Study

### Kennedy/Jenks Consultants

200 S.W. Market Street, Suite 500 Portland, Oregon 97201 503-295-4911 FAX: 503-295-4901

### Brown Grease Supply Study

16 February 2011

Prepared for

#### Clean Water Services

2550 SW Hillsboro Highway Hillsboro, OR 97123

K/J Project No. 1091014.10







# Hydromechanical GREASE INTERCEPTOR

**Sizing and Selection Guide** 

(includes two-page worksheet)

August 2018 Edition

#### **ABSTRACT**

Hydromechanical grease interceptors certified to ASME A112.14.3. CSA B481 or PDI G101

are tested to determine efficiency, flowalone is not sufficient to ensure that sizing and selection method provides gu A second step is included that evaluati be used to select a grease inter

### Step 2: Calculate Grease Capacity

Once the minimum flow rate has been established in Step 1, calculate the minimum grease storage capacity for the HGI required for the desired pump-out frequency as follows:

Grease Factor from Table 2



Meals or Customers per day



Days between pump-outs



Grease Capacity Required









### IWs Two-Step Sizing Method for HGIs

To determine the correct grease factor, using Table 2, select the menu type (1 through 30), then the correct column (A through D) for whether there is a fryer and whether the establishment uses disposable or washable plates, glasses, knives, forks and spoons (flatware).

Table 2

		without	without	with	with
		Fryer	fryer	fryer	fryer
		without	with	without	with
Torre	Manua Granda Fantas a	flatware	flatware	flatware	flatware
Type 1	Menu Grease Factor -> Bakery	Α 0.025	B	C 0.035	D 0.0455
	Bar and Grille	0.035	0.0455	0.035	0.0455
2		0.005	0.0065	0.025	0.0325
3	Barbeque Brookfoot Box, Motol	0.035	0.0455	0.035	0.0455
4	Breakfast Bar - Hotel	0.005	0.0065	0.025	0.0325
5	Buffet	0.035	0.0455	0.058	0.0754
6	Burger and fries, fast food	0.035	0.0455	0.035	0.0455
7	Cafeteria	0.025	0.0325	0.035	0.0455
8	Caterer	0.005	0.0065	0.025	0.0325
9	Chinese	0.035	0.0455	0.058	0.0754
10	coffee shop	0.025	0.0325	0.035	0.0455
11	Convenience Store	0.005	0.0065	0.025	0.0325
12	Deep fried Chicken / seafood	0.035	0.0455	0.058	0.0754
13	Deli	0.005	0.0065	0.025	0.0325
14	Family Restaurant	0.035	0.0455	0.035	0.0455
15	Frozen Yogurt	0.005	0.0065	0.025	0.0325
16	Greek	0.025	0.0325	0.035	0.0455
17	Grocery Bakery	0.025	0.0325	0.035	0.0455
18	Grocery Deli	0.025	0.0325	0.035	0.0455
19	Grocery Meat Department	0.025	0.0325	0.025	0.0325
20	Ice Cream	0.025	0.0325	0.035	0.0455
21	Indian	0.025	0.0325	0.035	0.0455
22	Italian	0.035	0.0455	0.035	0.0455
23	Mexican, fast food	0.035	0.0455	0.035	0.0455
24	Mexican, full fare	0.035	0.0455	0.058	0.0754
25	Pizza	0.025	0.0325	0.035	0.0455
26	Religious Institution	0.005	0.0065	0.025	0.0325
27	Sandwich shop	0.005	0.0065	0.025	0.0325
28	Snack Bar	0.005	0.0065	0.025	0.0325
29	Steak and seafood	0.035	0.0455	0.058	0.0754
30	Sushi	0.005	0.0065	0.025	0.0325
					2.222

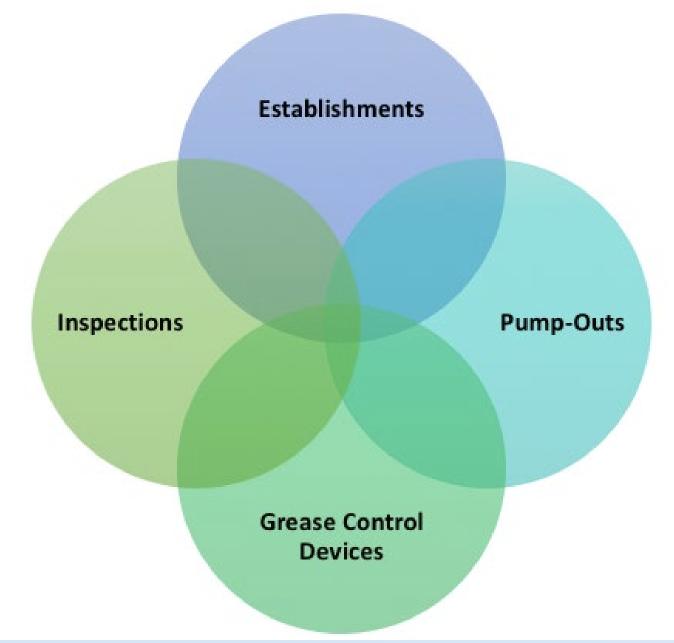
**■INTERCEPTOR** WHISPERER







Track FOG program elements as separate entities and add more as your program matures.







# Pumper INFORMATION MANAGEMENT



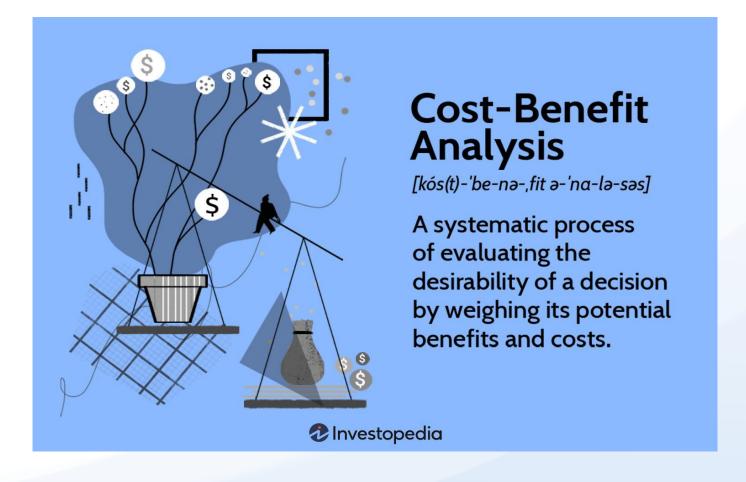
- Pumper Name
- CONTACT INFORMATION
- Registration #
- AUTHORIZED DISPOSAL SITE
- PUMPING MANIFEST
- PUMP-OUT VOLUME

FOR EACH EVENT





# Cost-Benefit Analysis



Given the costs of program implementation and expected costs on on-going program implementation, what are the financial and health/environmental benefits?





# What is A FOG PROGRAM Cost-Benefit Analysis?



- The process of comparing the costs and benefits of ACTIVITIES & RESOURCE ALLOCATIONS TO ACHIEVE DESIRED RESULTS
- A way to evaluate effectiveness of decisionmaking
- Helps collection system staff & fog PROGRAM MANAGERS MAKE INFORMED DECISIONS
- A way to determine the beak-even time period where costs equal benefits





# COST-BENEFIT ANALYSIS

- Existing costs to municipality if no FOG program is implemented
- Cost to develop and implement FOG program
- Cost to maintain a well-managed FOG program
- Proposed savings due to well-managed FOG program





# FOG PROGRAM COST-BENEFIT ANALYSIS

## **Pros**

- Help Justify additional fog program resources
- Test worthiness of additional resources of various staffing and operational cost scenarios
- Help determine priorities

## Cons

- some of the needed data is not readily available
- Estimate short- and long-term expected results





# BASIC FOG PROGRAM COST-BENEFIT ANALYSIS

- Step 1: Existing costs to municipality if no FOG program is implemented or enhanced (i.e., "Status Quo" Costs)
- Step 2: Cost to develop and implement or enhance a FOG program to achieve desired outcomes
- Step 3: Cost to maintain a well-managed FOG program
- Step 4: Estimated savings due to well-managed FOG program
- Step 5: Time period to break-even





# Calculating costs

- Collect actual cost data where feasible
- Use calculators if available
- develop calculators if possible
- Use Anecdotal data if available

What is the cost to clean sanitary sewer lines per lineal foot?

Column A	Column B	Column C	Column D	
Time to clean each line section (hrs)	Fully loaded labor rate (\$/hr)	Equipment cost (\$/hr)	Traffic Control (\$/hr)	Total cost (A*(B+C+D))

Fully loaded labor rate includes benefits and overhead. For emergency cleanouts, include overtime charges. Equipment costs may be estimated based upon the cost for renting equipment. Traffic control costs may be estimated based on the cost for contracting out for traffic control.

### What is the cost to clean pump stations?

Column A	Column B	Column C	Column D	
Time to clean each pump station (hrs)	Fully loaded labor rate (\$/hr)	Equipment cost (\$/hr)	Traffic Control (\$/hr)	Total cost (A*(B+C+D))



# EXAMPLE OF A BUSINESS CASE PRESENTATION ON COST-BENEFITS

Sample Cost-Benefit Analysis 2,300 FSEs 4 New FSE/Month

Status	Quo	Annuai	
Item			

# lineal feet /yr \$180,000
Pump Station \$45,000
Air Relief \$10,000
FOG Disposal \$22,000
WWTP maintenance \$35,000
WWTP Operations \$2,900,900
Total Cost \$3,092,000

**FOG Program Costs** 

ItemCostDevelopment\$120,5001st Inspection\$375,000Ongoing Insp\$90,000Plan Review\$6,000

Development
Cost & First \$495,500
Insp

Savings after 5 years, Item

Pump Station

Air Relief

FOG Disposal WWTP Maint

**WWTP Operation** 

**Total Cost Savings** 

80% Reduction

In Cost

\$36,000 \$9,000 \$2,000 \$4,400

\$7,000

\$560,000

\$618,400

**Total Savings after year 5** 

\$2,473,600

Program
Maintenance
Cost

**Data Mgmt** 

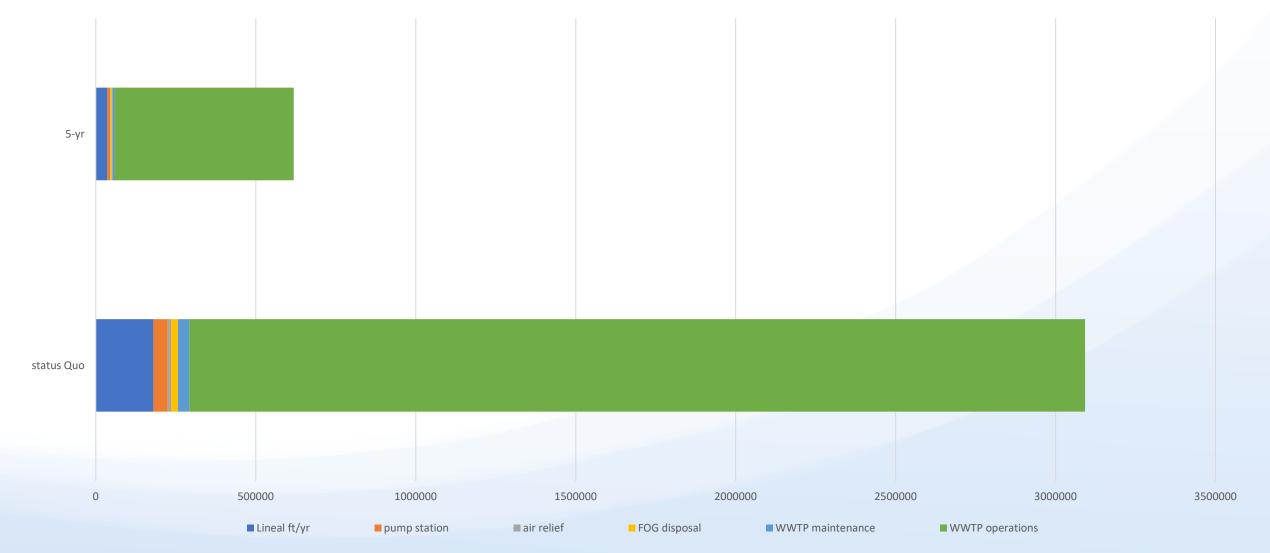
\$141,000

\$45,000





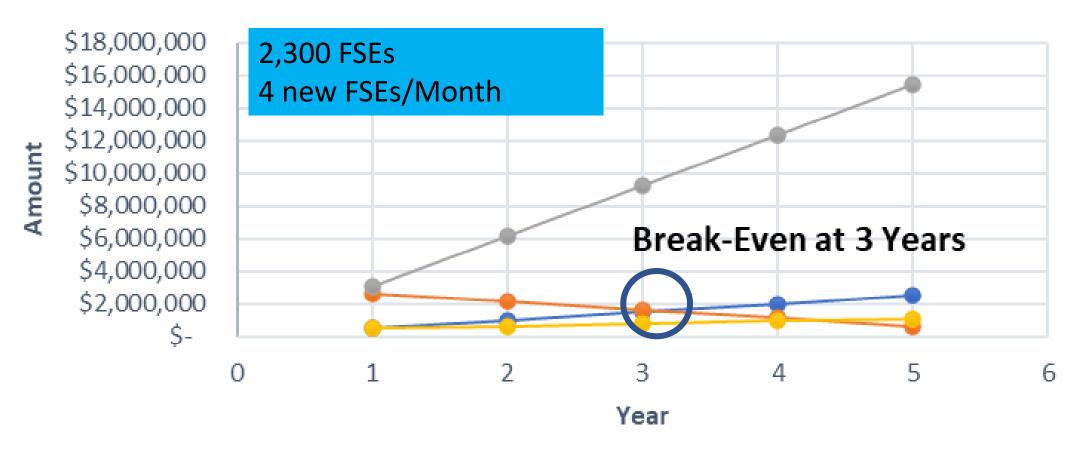
### Status Quo vs 5-yr costs







# Simple FOG Program Cost-Benefit Analysis









# COST-BENEFIT CALCULATIONS COMPLETE. WHAT ABOUT THE REST OF THE PROPOSAL?

- Program Development
- Program Implementation
  - Phased Approach
  - FOG Triage
  - Data Acquisition and Management

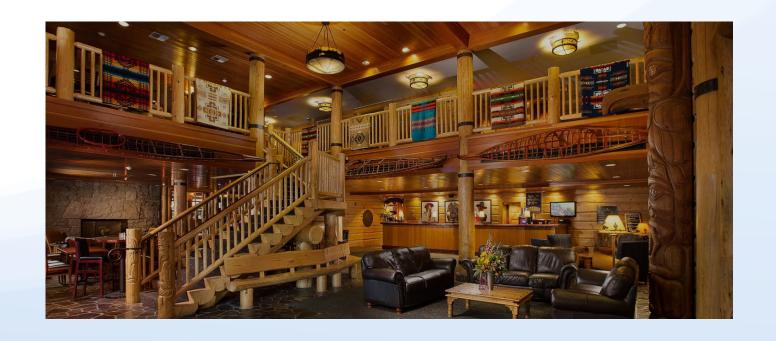






# 2023 Pacific Northwest Pretreatment Workshop

- November 6, 7 and 8 2023
- Heathman Lodge
- Vancouver, Washington







# About Us

Western States Alliance (WSA) is a project of the <u>Pollution Prevention</u>

<u>Resource Center</u> that helps professionals identify and implement best practices in Fats, Oils, and Greases (FOG) management.

We are a membership organization of FOG professionals from across the United States. Click here to check out our staff bios on pprc.org.

Our vision is to be a comprehensive source of knowledge and assistance to advance technologies and best management practices, conserve resources, and derive the most value from FOG while prohibiting its damaging effects in the wastewater system.

### Conferences & Workshops

We offer two FOG related technical training conferences each year: The FOG Forum & the Pacific Northwest Pretreatment Workshop. Both events offer immersive training, program development and implementation sessions, and many opportunities for networking with your peers.

Subscribe Below >

### FOG Abatement Training

With funding from the USDA, we provide both virtual and in-person trainings to help small rural communities and those who serve them. The trainings focus on building the business case for your program, program implementation and emerging chemicals of concern.

Training Calendar >

### National Resource Reference Guide

Our National Reference Resource Guide is a "one-stop" shop to learn about FOG, its value as a resource, its problems in sewer conveyance lines, its contribution to sanitary sewer overflows, its cost of treatment, and how you can establish or enhance a FOG Abatement program.

View the Guide >

# www.westernstatesalliance.org

## **TECHNICAL RESOURCES TAB**

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